



# The Academy for Learning Islam

## LIST OF ITEMS TO BRING

### March Girls Retreat Mar 15 – 17, 2017

1. NAMAZ KIT – TO INCLUDE:
  - MUSALLAH
  - SAJDAGAH/MOHR
  - TASBIH
  - CHADAR
  - DAILY DUA BOOK (will be provided)
  - NAMAZ-E-SHAB BOOK (will be provided)
2. COMFORTABLE WARM CLOTHING FOR DAYS AND NIGHTS (Depending on the weather)
3. WINTER BOOTS (Depending on the weather)
4. BATHROOM SLIPPERS
5. RUNNERS (Keep an extra pair, we will be doing quite a bit of outside activities, weather permitting)
6. WATER BOTTLE
7. TOWELS
8. PILLOW CASE
9. BED SHEET
10. PERSONAL TOILETRIES
  - TOOTHBRUSH
  - TOOTHPASTE
  - SHAMPOO
  - BATH SOAP/SHOWER GEL
  - DEODORANT ETC
11. COPY OF THE HOLY QUR'AN WITH ENGLISH TRANSLATION
12. PERSONAL MEDICATION
13. WINTER OR LIGHT JACKET (Depending on the weather)

ISLAMIC DRESS CODE WILL APPLY, BUT YOU DO NOT HAVE TO BE IN ABAYAS.

LONG SHIRTS WITH PANTS SHOULD BE FINE AND ON OCCASION YOU MAY HAVE TO PUT YOUR SCARVES ON.